

TAFCE Central Region Newsletter

Vol. I, No. 3, July 2018

President's Tidbits

Happy hot summer in Middle Tennessee! I hope all of your vacation plans have expanded your memory albums!

Retreat was a blast! Thanks to all, the pieces came together to make it "the perfect fit". The evaluations were very supportive, but as always, there's room for improvement. We will definitely try to incorporate the suggestions.



I'm sure that you have already penciled Annual Meeting, September 13th, on your calendar. In addition to your Cultural Arts and Fashion Revue entries, your teamwork skills will be challenged as we are holding a table decorating contest, the theme "**fce**-the perfect fit". My hope is that you showcase your county's **fce** involvement and "fit" in your community. A traveling loving cup trophy will be awarded to this year's winner with instructions on how to get your name printed on the side. Then first, second, and third place winners will lead the way to our delicious lunch buffet, catered by Larry the Caterer.

Please keep the invitations coming for me to attend either your local club meetings or a county event. My goals are to see grass roots in action, and for **fce** to unite behind a cause. For the remainder of the year, our goal is that the Human Trafficking Hotline number be in every **fce** member's cell phone. We're making progress!

Emily Gordon
TAFCE Central Region President



County winner of decorating contest will have bragging rights and possession of this trophy for one year!



Website for TAFCE: www.tafce.org

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the perfect fit

IMPORTANT DATES!

Aug. 1 State Officer nominations to State VP for Programs, Pam Sites

Aug. 11 County Cultural Arts Winners due to Eileen Horton

Aug. 11 County Fashion Revue Winners due to Brenda Oeser

Aug. 15 Registration and Credential Forms for Annual Meeting due to Peggy Richmond, treasurer

Aug. 21-22 FCL Training, Lebanon

Sept. 13 Central Region Annual Meeting in Murfreesboro



Oct. 1 Central Region and NAFCE dues to Peggy Richmond, treasurer

Oct. 1 County Council Officers due to Penny Christoph, secretary

Oct. 1 State Credential Form/State Conference Registration due to Tammy Halliburton, state treas.

Oct. 7-13 National fce Week

Nov. 11-14 State Conference, Hilton, Memphis, TN

CENTRAL REGION ANNUAL MEETING
THURSDAY, SEPTEMBER 13, 2018

Location: Rutherford County Extension, Community Center (behind Extension Office), 315 John Rice Blvd., Suite 101, Murfreesboro, near I-24 Exit 78A.

Individual cost is \$20, payable to county treasurer. Includes set-up and buffet style meal. Registration and voting delegate credential form sent by county treasurer to Peggy Richmond, Central Region Treasurer. **Deadline for reservation is Aug. 15, 2018.**

8 a.m. Registration, Cultural Arts, and Fashion Review check-in begins

9:45 a.m. voting delegates seated

10 a.m. Annual Meeting begins

Reminder: If you are entering cultural arts, please be certain you have the correct exhibit information card with accurate category numbers (note new categories this year with new numbers). These can be obtained from your county council president or your agent. Precise information will create a speedier check-in!

If you want to be on the Annual Meeting agenda, contact: Central Region fce President Emily Gordon 931.359.7074 or emilyg.fce@gmail.com. Agenda will include voting for President-Elect, VP for Programs, and Treasurer, and approving the 2019 fiscal budget.

If you or your county wish to sell items at the Annual Meeting, there will be a \$10 **non-refundable** rental fee. You will need to furnish your own table for your booth. Fee must be paid at the time of your registration. **First come, first served.** Send registration to Peggy Richmond, treasurer.

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A super big “thank you” to the counties who submitted 2019 conference theme display boards at the Leadership Retreat. The theme boards will be voted on at the TAFCE Executive Board meeting in August.

Now, there will be another opportunity for everyone to get their *helium arms* filled at the upcoming Annual Meeting in Murfreesboro on September 13. You are encouraged to sign one of the volunteer sheets to indicate where you would like to volunteer at the 2019 TAFCE Conference in Franklin/Cool Springs. Be it helping in the gift shop, being a hostess, teaching a craft class, or an educational workshop—a variety of volunteer opportunities are available.

Volunteers are the *backbone* of the conference and **fce**. By the time of the Annual Meeting, the theme for the 2019 conference will have been chosen, and you may even want to volunteer to be a part of the invitation that will be presented at the 2018 TAFCE Conference in Memphis on November 13.

Central Region has been known to host the BEST conference, and we know you will want to be a part of history in the making.

Charlene Budd, 2019 Conference Chair

OFFICER SPOTLIGHT:
PEGGY RICHMOND, TREASURER



Peggy is married to Jeff Richmond, with one daughter, three step-daughters, four grandchildren, and three great grandchildren. Since 2006, Peggy has lived in the Providence community in Grundy County. She was born in Manchester TN, graduated high school from Central in

Chattanooga.

Peggy received a BS degree in Personnel Management. She is a retired Human Resources Director, spending most of her career working on the West Coast, in Los Angeles, California, as a regional director. After 15 years in Florida, she returned home to Tennessee and built a log home on her mother's home place land. “I am blessed beyond measure”.

Peggy has been a member of fce since 2012 and a National member for one year. “As Treasurer, I pay the bills and balance the books for the Central Region. I help with the Annual Meeting, Leadership Retreat, and participate as needed as a member of the Board.” Peggy recently completed her 30 hours of FCL Training in April 2018. Currently, she also serves as the President of her County Council. In the past, she has held the office of county council secretary, and president and treasurer in her local club.

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Search for Effective Leaders

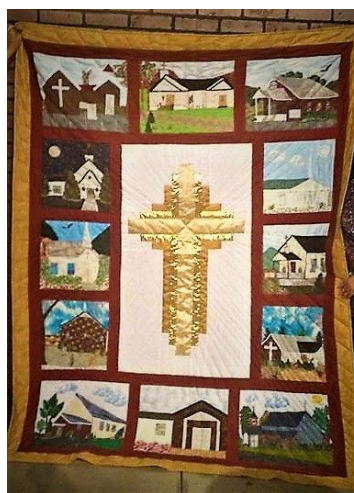
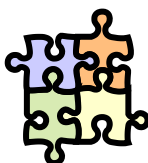
The Central Region Board is searching for effective leaders to serve as Vice President for Programs and as President-Elect. The Vice President for Programs is a 2 year term. The President-Elect serves for 1 year in this capacity, under the mentorship of President Emily Gordon, 2 years as President, and then 1 year as President Advisor, for a total of four years.

Effective Leaders are innovative and resourceful. They open up to sage advice from people who understand the situation and develop an action plan that makes sense. Effective leaders back up their knowledge with experience. They are like shepherds for their cause—they bring people in, attracting people to the mission. They understand people. Effective leadership is collaborative, and effective leaders are curious and open-minded—they listen.

Good judgment is paramount when it comes to leadership. Leaders live to open doors and knock down barriers. Effective leaders don't wait to be told where they need to take the organization. They already have the ideas, the dreams and the road map for how to get there. They define success.

If the office of VP for Programs or President-Elect is a "perfect fit" for you, or you know an fce member in your county who is an effective leader, please contact Lucy Deal or Emily Gordon to discuss a possible nomination.

<https://www.missionbox.com/article/134/qualities-of-great-leaders-effective-nonprofit-leadership>



County Recognition: Grundy County

The Providence fce Club of Grundy County made this quilt, Country Churches, and held a drawing to award at their Independence Day Celebration which took place on June 30. Congratulations to the winner of this quilt, Mr. Johnny Thrasher, a local

resident. The proceeds of \$1408 were presented to the Pelham Volunteer Fire Department.

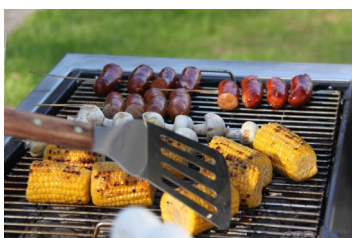
Also, the Providence fce club President, Jennifer Thompson, coordinated and sponsored the Pelham Freedom Pageant for youth in her community on June 22. The Providence Club volunteered to help the day of the pageant at registration and the concession stand. The Tressie Kennedy \$500 scholastic scholarship was donated to a local graduate attending a Tennessee college. Proceeds from this effort were also donated to the Pelham Volunteer Fire Department. The donations totaled just under \$2000.

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We are on Facebook with 192 members (a closed group). Search for us as "TAFCE Central Region fce" or type in <https://www.facebook.com/groups/1571819276204980/about/>. You can request to be a member, and once a member can add members. This is an opportunity for us to network: to collaborate on projects, communicate events, share ideas, and coordinate with volunteers all in one place!

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BBQ Basics: Tips to Prevent Foodborne Illness



Eating outdoors can be one of the best parts of warm weather, but food safety is especially important. Remember the basics, such as always washing your hands as well as a few other tips:

- **Marinate food in the refrigerator**, not out on the counter.
- **Refrigerate and freeze food promptly**. Food should not be left out of the cooler or off the grill for more than two hours. Never leave food out for more than one hour when temperature is above 90 degrees F.
- **Keep raw food separate from cooked food**. Don't use a plate that previously held raw meat, poultry or seafood unless the plate has first been washed in hot, soapy water. Keep utensils and surfaces clean.

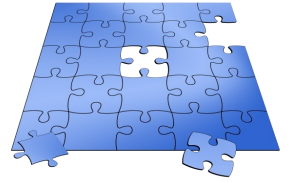
Submitted by Shelly Barnes, FCS Extension Agent, Wilson County

Source: USDA MyPlate



Family and Community Education (fce) is an organization of volunteers who work together to build strong families and communities. Educational materials are created and utilized to strengthen knowledge and skills. Resources are provided to develop leadership skills, enabling people to make a difference. Ultimately, fce strives to make our communities a better place in which to live.

MEMBERSHIP ROUNDTABLE



Gems shared from the Leadership Retreat Educational Class:

“People want to join your association—and renew their memberships—when you provide services they need along with emotional connections they crave.” Sarah Sladek

New members are the *spark* that keeps an organization alive and insures continuity and vitality in the future. Whether an organization is new or has been in existence for years, there is always a need to add new members.

One simple thing you can do when a member joins is send them a thank you letter personally signed by you for being part of your organization.

Personal invitation is proven to be the most effective method to recruit new members. Invite them to the best of activities—classes, community service projects, an fce activity at the local, regional or state level. Avoid inviting them just to a business meeting!

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