

Seasonal Eating



Country Ham Pea Medley

1/2 cup chopped country ham
1 tablespoon vegetable oil
4 ounces mushrooms, roughly chopped
1/2 cup frozen pearl onions
1 cup frozen green peas, thawed
Salt and black pepper to taste

In a medium skillet, sauté the ham in the oil for a minute. Add the mushrooms and onions and sauté until the mushrooms are cooked down and the onions are slightly browned and heated through. Add the peas and season with a little salt and pepper. (If your peas are still frozen, add them a little earlier.) Cook until the peas are hot and serve immediately.