

Seasonal Eating



Honey Ginger Glazed Carrots

2 tablespoons butter, melted
2 tablespoons honey
1 tablespoon brown sugar
2 tablespoons candied ginger, finely chopped
1/2 teaspoon vanilla extract
1/8 teaspoon ground nutmeg
1/4 teaspoon kosher salt
pinch black pepper
1 pound baby carrots

In a large bowl, whisk together butter, honey, ginger, vanilla, nutmeg, salt and pepper. Add the carrots and toss to coat well. Place in a square baking dish and cover with foil. Bake at 400 degrees for 45 minutes or until carrots are just tender. Uncover and bake another 15-20 minutes until the liquid thickens and the carrots become very tender.