Seasonal Eating



Mom's Winter Fruit Salad

3-4 medium apples, cored and cubed

1 banana, cut into chunks

20 red seedless grapes, halved

1 (20-ounce) can pineapple chunks, drained

1 (11-ounce) can mandarin orange segments, drained

1 (10-ounce) jar red maraschino cherries, drained and halved

12 dates, cut into thirds

1/4 cup raisins

1/4 cup chopped pecans

1 pint heavy cream

1/4 cup powdered sugar or to taste

1 teaspoon vanilla extract

Combine apple, banana, grapes, pineapple, oranges, cherries, dates, raisins and pecans in large bowl. In mixing bowl, whip cream until soft peaks form. Add powdered sugar and vanilla and continue whipping until stiff peaks form. Fold whipped cream into fruit mixture. Chill and serve.