Seasonal Eating



Pepper Steak

 $1 \frac{1}{2}$ pounds beef sirloin steaks 1/4 cup vegetable oil 1 clove garlic, crushed 1 teaspoon salt 1 teaspoon ground ginger 1/2 teaspoon black pepper 3 green bell peppers, sliced 2 onion, thinly sliced 1/4 cup soy sauce 1/2 teaspoon sugar 1/2 cup beef bouillon 1 (6-ounce) can water chestnut, sliced 1 tablespoon cornstarch 1/4 cup cold water 4 green onions, cut into 1 inch pieces hot cooked white rice

Slice the steak into 1/8 inch thick slices. Heat oil in skillet, add garlic, salt, pepper and ginger. Sauté until garlic is golden. Add steak slices, brown lightly 2 minutes remove meat. Add green peppers and onions, cook 3 minutes. Return beef to pan add soy sauce, sugar, bouillon, water chestnuts, cornstarch dissolved in cold water and green onions. Simmer 2 minutes or until sauce thickens. Serve over hot rice.