

Seasonal Eating



Southern Black-Eyed Pea Salsa

- 1/2 cup chopped green bell peppers
- 1/2 cup chopped red bell peppers
- 1 fresh jalapeño pepper, seeded and minced
- 1/4 cup chopped green onions
- 3 tablespoons roughly chopped cilantro
- 1 clove garlic, minced
- 1 (15-ounce) can black-eyed peas, drained and rinsed
- 1 (15-ounce) can black beans, drained and rinsed
- 1 cup corn kernels (frozen or fresh)
- 1 (14 1/2-ounce) can diced tomatoes, drained
- 1/2 cup Italian salad dressing

Mix all ingredients gently. Refrigerate 1-2 hours before serving. Bring to room temperature and serve with tortilla or corn chips.