

Seasonal Eating



Spicy Sausage and Bean Casserole

- 1 pound pork sausage
- 1 medium onion, chopped
- 2 (10-ounce) cans tomatoes with chilies (regular if you like it spicy, mild if not)
- 3 (15-ounce) cans pinto beans, drained
- 1 1/2 cups shredded Cheddar cheese
- 1 cup yellow self-rising cornmeal mix
- 1 cup buttermilk

In a skillet, brown the sausage and onion until no longer pink. In a large bowl stir together tomatoes and pinto beans. Add sausage mixture. Pour into a greased 9x13 inch baking dish. Top with cheese. Stir together cornmeal mix and buttermilk and pour over the top of the cheese, spreading to cover. Bake at 350 degrees until browned on top and bubbling, about 40 minutes.