Seasonal Eating



Spicy Tomato Sauce

3 tablespoons olive oil

1 small onion, minced

2 cloves garlic, minced

1/2 cup black olives, coarsely chopped

2 tablespoons capers, drained or rinsed

1/2 teaspoon salt or to taste

1 pinch red pepper flakes

1 (28-ounce) can crushed Italian tomatoes

In a large skillet, heat the oil over a medium-high flame. When almost smoking, add the onion and garlic and sauté for 3 minutes. Reduce the heat to medium and add the olives, capers, salt and red pepper flakes and sauté for 1 minute. Add the tomatoes and simmer until reduced slightly, about 20 minutes. Season the sauce with more salt to taste. Can make 1 day in advance, cool and then cover and refrigerate. Reheat over medium heat. Great on penne or rigationi.