

Seasonal Eating



Spring Lettuce Grape Salad

- 1 head butterhead, romaine or a mix of lettuces
- Balsamic vinaigrette dressing (about 1/2 cup)
- 1 cup halved green seedless grapes
- 1/2 cup sliced celery
- 2 green onions, sliced
- 1/2 cup crumbled blue cheese
- 1/2 cup toasted sliced almonds

Wash and dry lettuce well. Tear into bite sized pieces into a large bowl. Toss with dressing to taste. Divide onto four plates. Top each with 1/4 of the grapes, celery, onion, blue cheese and almonds. Drizzle with a little more dressing over the top.