

Seasonal Eating



Spring Spinach Salad with Lemon Vinaigrette

- 1 tablespoon lemon zest
- 1/3 cup freshly squeezed lemon juice
- 1/2 cup sugar
- 1 tablespoon Dijon style mustard
- 1/4 cup vegetable oil
- Salt and pepper to taste
- 1 (5-ounce) package fresh baby spinach
- 1 1/2 cups fresh or frozen thawed peas
- 4 radishes, thinly sliced and cut in half
- 2 green onions, sliced

In blender jar, combine lemon zest, lemon juice, sugar, mustard and vegetable oil. Blend until well mixed and slightly thickened. Season with salt and pepper. In a large bowl toss together the spinach, peas, radishes and green onions. Dress with lemon vinaigrette and serve.