Seasonal Eating



Sweet Potato Chicken Chili Soup

1 tablespoon butter

2 tablespoons olive oil

1 large white onion, chopped

1/2 medium red onion, chopped

1 poblano pepper, seeded and chopped

1 jalapeño pepper, seeded and chopped

1 large sweet potato, peeled and chopped

2 teaspoons ground cumin

2 teaspoons chili powder

2 teaspoons salt

3 cloves garlic, minced

1 (15-ounce) can navy beans, drained

1 (12-ounce) bottle white ale beer

4 cups shredded deli roasted chicken

4 cups chicken broth

Cilantro, roughly chopped

In a Dutch oven, melt butter with olive oil. Add onions, peppers, sweet potato, cumin, chili powder and salt and sauté until onion is translucent, about 8 minutes. Add the garlic and sauté for another 2 minutes. Add the beans and beer and cook until the liquid is reduced by half. Add the chicken and broth. Bring to a boil and then simmer about 30 minutes until thickened a little. Garnish with cilantro.