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TAFCE Connections



Dear FCE members,
It is my prayer that each of you are doing well during this medical emergency the country is having.

Family, community and education is what FCE is all about and is always looking for ways to be of service to our communities. We were presented with this and think that it is a program each of you would approve of doing.

With that in mind I have asked Crystal to put out this special newsletter to get the pattern and directions to you.

It will give you a way to be of service as you stay in place. Please only do it if you have the materials on hand. We do not want anyone to put themselves at risk.

Each of you are so special and I look forward to when we can again meet in person.

Have a blessed week.

Wanda Briddelle

Join us in our facebook group, TAFCE Masks of Love for more information about this special project: <https://tiny.utk.edu/TAFCEmasksoflove>



We have had some date changes please refer to last page to see the new dates.

Simple Facemask with Fabric Ties



Materials needed:

- Cotton fabric
- Ties may be:
 - o Rope elastic or Beading Cord elastic (2 @ 7" knotted at both ends)
 - o 1/4" flat elastic (2 @ 7")
 - o Fabric ties (2 @ 30")
 - o Ribbon, or bias tape (2 @ 30")

Instructions for fabric ties:

1. Cut a strip of fabric 1½" x 30"
2. Fold each long edge to the center and press
3. Fold in half lengthwise and press again, stitch along foldline.



Instructions for mask (This is the same mask, just sewn a bit quicker!):

1. Cut 2 pieces of fabric 9 x 6
2. Lay ties on top of right side of the fabric.
The process is the same for all the different type of ties.



3. Place the other piece of fabric face down and pin the corners.



4. Beginning at the center of the bottom sew to the first corner and back tack. Pivot and sew up to the next corner, back tack. Repeat for all 4 corners. Leave approximately 2-3" gap for turning. .



5. Turn right side out and press.
Pin three tucks on each side of the mask.
Make sure the tucks are the same direction.



6. Sew all the way around the mask, reinforcing the ends with the tucks.
Cut fabric ties in half, if using fabric or bias tape, sew across the ends. **DO NOT CUT ELASTIC TIES!**
If using ribbon, singe with a small flame.



Special Thanks to Cas Wucher, Wilson County Seamstress, for modifying the directions from The Turban Project to incorporate the use of fabric ties.

How to Make a Simple Face Mask

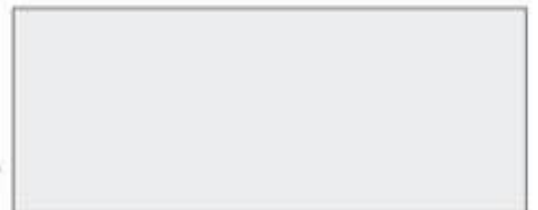
- Cotton fabric, a pretty print
- Rope elastic, beading cord elastic, 1/8" or 1/4" flat elastic, OR make fabric ties with cotton fabric, ribbon, twill ties, bias tape, etc.
- Cut 2 pieces of elastic 7" long and tie a knot at each end (do not knot the ends of the flat elastic)
- If using fabric ties cut at 15" each (4 ties needed)

Instructions:

1. Put right sides of cotton fabric together
 - o Cut 2 at 9" x 6"
2. Starting at the center of the bottom edge, sew to the first corner using a 1/4" seam, stop.
3. Sew the elastic with the edge out into the corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.

It is so easy to make this. As always, quality matters for effectiveness and patient confidence.

Be sure any fabric design is placed horizontally. ➡



YouTube Video: <https://youtu.be/9tBg0Os5FWQ>

Thanks to pattern from Turban Project

This pattern has been modified to add the use of fabric ties.

THANK YOU for helping keep medical professionals serving, and immune suppressed people able to stay more healthy during these unique circumstances. KEEP CALM & SEW ON.

**State Board Meeting
Lebanon Comfort Suites
June 1 & 2**

**FCL Training
Lebanon Comfort Suites
June 2 & 3**

As we follow the suggestions of the CDC and Tennessee Governor we are having to make changes to our meetings and other scheduled events. Please let us know if you have any questions about due dates or meeting dates we will be happy to answer.



FCE Members putting in some work

