

## Seasonal Eating



## Wildly Delicious Chicken Salad

- 2/3 cup wild rice, cooked
- 3 boneless, skinless chicken breasts, cooked and shredded
- 1 (8-ounce) can water chestnut, chopped
- 2 tablespoons finely chopped onion
- 2 cups green seedless grapes, halved
- 1 cup mayonnaise
- 3 tablespoons milk
- 1 1/2 tablespoons fresh lemon juice
- 1 cup toasted slivered almonds

Combine rice, chicken, water chestnuts, onion and grapes. Make dressing by whisking together mayonnaise, milk and lemon juice. Add to chicken mixture, mixing well and chill. Stir in nuts just before serving.