



TAFCE Central Region Newsletter

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NO. 2

LESSONS LEARNED ALONG THE YELLOW BRICK ROAD



"...they all started on their journey,
and it was not long before they
reached the road of yellow brick...
The road was smooth and well
paved, now, and the country
about was beautiful; so that the
travelers rejoiced in leaving the
forest far behind
and with it the many dangers they
had met in its gloomy shades. "
--L. Frank Baum
The Wonderful Wizard of Oz

Spring has arrived! Time just marches on whether we are ready for it or not. Well, I am ready for Spring, sunshine, flowers, and warmer temperatures, aren't you? Leave gloomy weather behind and rejoice in the new beginnings of Spring!

I am so excited about traveling down our FCE yellow brick road to Leadership Retreat being held at UT Southern in Pulaski, May 23-25, 2023. I wish to encourage each of you to make some plans to come to retreat to represent your county and club and take back empowerment, enrichment, inspiration and excitement to those who couldn't make it. Enjoy the camaraderie with friends and new friends alike as well as special classes and activities designed just for you in mind. Find out more information within this newsletter from Carolyn Binkley, our Retreat chair. She's the wizard of "ozformation"!

Lesson learned is wait for it, be patient; no rain, no rainbow and somewhere over the rainbow, bluebirds fly. Spring is here! See you down the road!

Peggy Richmond, President Central Region



TAFCE Mission Statement:



To strengthen the home and community by improving the quality of life of individuals and families through continuing education, leadership development, and community service.



Have Heart Volunteer

IMPORTANT DATES

- APRIL 15
LEADERSHIP RETREAT
REGISTRATION DUE
- APRIL 15
Project Brochure Due to
NAFCE
- April 18-19
FCL Training Lebanon TN
- May 1-31
Imagination Library Month
- May 15
State project
'Day of the Family'
- May 23-25
Leadership Retreat at UT
Southern, Pulaski
- June 1
Creative Writing Due
-

TAFCE, Central Region

KNOWLEDGE *Heart* COURAGE



LEADERSHIP RETREAT

We're off to see the Wizardry of FCE
Just follow the Yellow Brick Road,
First stop is Leadership Retreat



RAK: Random Acts of Kindness

Call to
Action

I had the pleasure of attending the Warren County FCE Visitation Day on March 28 in McMinnville Tennessee. Good food, good friends and so many shared ideas of how FCE is making a difference in the lives of folks in the communities of Warren County. One idea shared by Alda Bandy was their Small Acts of Kindness county-wide project. Choose a group or individual that may be low profile but does so much in the community and express some kindness. It could be a card of appreciation or a basket of flowers. One person created a food basket for a group of workers working the night shift that hardly ever gets recognized for their 24 hour/7 days a week on call jobs. I would like to encourage the Central Region counties to start a RAK project within your club. What an innovative way to serve our communities.

MEMBERSHIP SPOTLIGHT

Did you know reading aloud to children has **proven** cognitive benefits? Brain scans show that hearing stories strengthens the part of the brain associated with imagination, story comprehension, and word meaning. Reading also strengthens children's social, emotional, and character development; encouraging patience and compassion. THANK YOU for **GETTING INVOLVED!** May is Imagination Library Month, invite a friend to join you during your volunteering and club events!



CHARACTER TRAIT- CITIZENSHIP

President Peggy Richmond gave each of the Executive Board members a word or trait we were to define. The first thing I did was to look up the definition and then looked up the origin of the word. My word is citizenship. Citizenship comes from the Latin word for city. The Merriam-Webster dictionary defines it as a membership in a community. Does that not describe FCE? As a member of FCE you are a part of a community of members.

March 1 has come and gone and I only received two applications for the Family and Community Leadership (FCL) training classes to be held in April. If you wish to take the FCL training, consider getting your application in now for the August session. If you have taken the first session, but have not completed the second session, there is a time limit of 18 months to complete your training. If there is extenuating circumstances, a variance maybe granted.

Certified Volunteer Units (CVU's) reports are due June 1, 2023. How many do you have?? Let us see how many Central Region can turn in. Be sure to use the current form as found on the TAFCE website: <https://tafce.tennessee.edu/wp-content/uploads/sites/99/2023/01/CVU-summary-Revised-2023.pdf>.

Pamela Sites, VP of Public Policy

2023 FCE LEADERSHIP RETREAT May 23-25



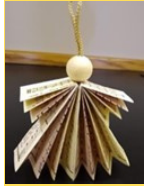
BUILDING LEADERSHIP CHARACTER TRAITS AND BUILDING MEMBERSHIP

Leadership Retreat is HERE! This is your chance to forge bonds with your fellow FCE members from across the county, engender creativity to facilitate building membership and community citizenship or practice your own leadership competency by instructing a class.

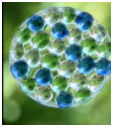
You will have a plethora of options from group yoga, water aerobics and popcorn socializing to card making, crafting, quilting and even solar lights! Are you new to tech? There are a few enrichment classes teaching an online library system as well as becoming smart phone savvy! If you'd rather **GET INVOLVED** in some mental health esteem, try music therapy, group volley ball or re-learn how to be an adult at play. If you love papermaking projects and felting, we have many illuminating offerings to take home to inspire your families to get involved! Let's empower our clubs and ignite our communities!

All registration forms must be postmarked by **APRIL 15**

If have questions, feel free to email Carolyn Binkley at 2023FCEretreat@gmail.com



Did you get snapped at our last event? Check out the photos below and also our social media to see if you were snapped!



FAMILY, FOOD, FELLOWSHIP & MULTIPLE COUNTY CRAFTS!

Fellowship, Crafts and fabulous food were the highlight on March 29th! UT Extension-Sequatchie County, UT TSU Extension Marion County, and UT / TSU Extension - Grundy County came together to celebrate spring and create a beautiful Easter Wreath. Be sure to check Facebook updates to learn about upcoming events, we'd love to have more multi-county marketable skills classes! Get involved & get snapped at the next event!

FCL GETTING US INVOLVED

Did you know that in the United States, food waste is estimated to be between 30- 40% of the food supply? At the same time, more than 34 million people in the US experience food insecurity. Wholesome foods that are wasted can and should be used to help feed families in need. For strategies to prevent food waste NAFCE put together a free Zoom presentation on March 12! It was a wonderful time to connect with people from across the state.

NAFCE is asking for jewelry donations to sell in their booth, Keeper's Corner. All proceeds go to NAFCE. Please bring to retreat & Please place items in individual baggies. Thank you so very much!

Contact Peggy Richmond for further info at prichmond09@aol.com





Citizenship Crossword Puzzle

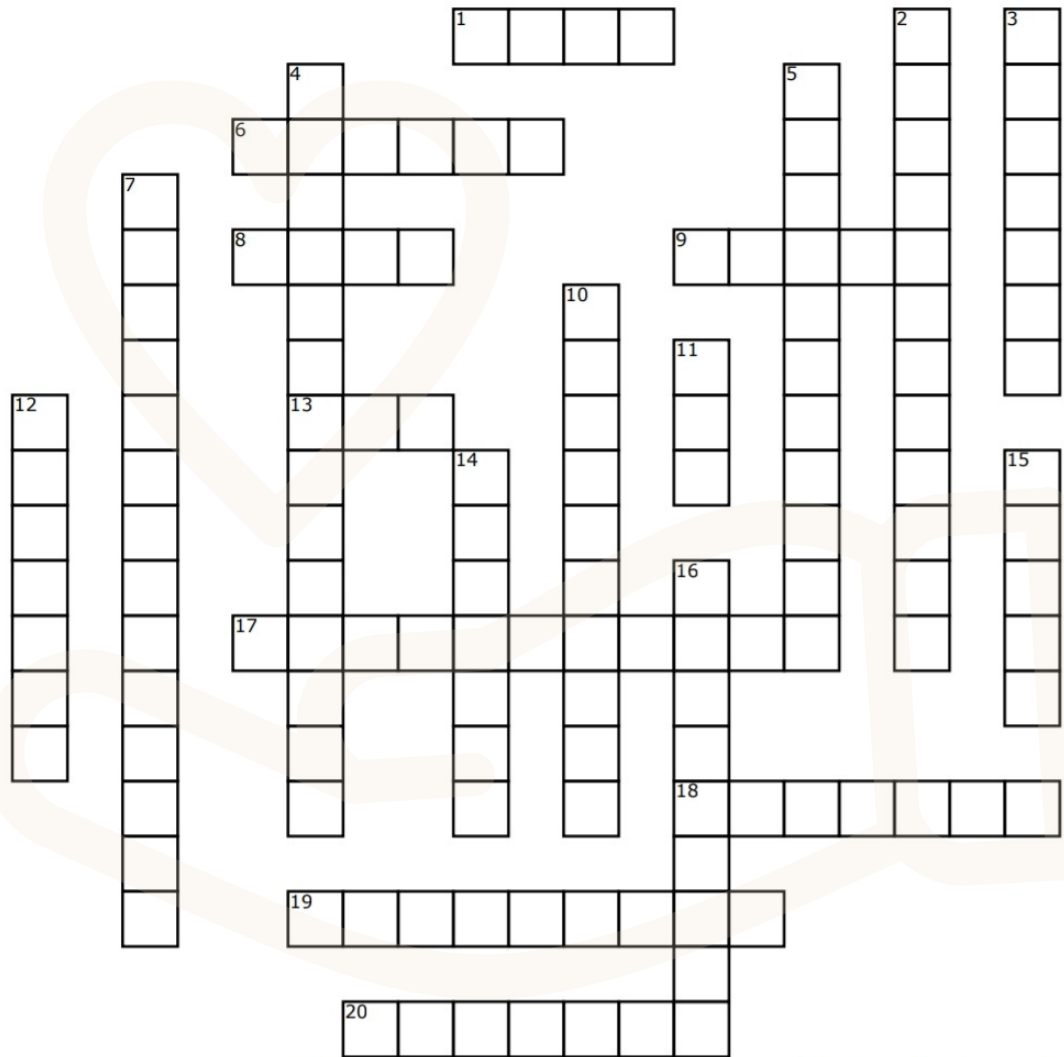
Word Bank

citizen
responsibility
refugee
law

citizenship
immigrant
tolerance
values

tax
culture
common good
test

duty
ethnic group
welfare
write



KNOWLEDGE *Heart* COURAGE

Across

1. immigrants must take a _____ that checks if they can read, write and speak English before becoming a citizen
6. The general principles or beliefs people use to make decisions
8. Something that you are required to do
9. A foreign-born resident in the United States who has not been naturalized yet
13. The regulations established in a community by some authority
17. People who share a common national, cultural, or racial background
18. A person who has left their home to escape war, famine, or another disaster

19. A person who moved from one country and is now a permanent resident in another

20. The health, prosperity, and happiness of the members of a community

Down

2. Offering your time and services to others without any payment
3. The belief, way of life, art, and customs that are shared by people in a particular society
4. A legal process to gain citizenship
5. The rights and duties of citizens
7. Something that you can do voluntarily (it is not required)

10. The advantage or benefit of all people in a society

11. An amount of money demanded by the government used to help run public places and help the community

12. You can lose your citizenship if you are found guilty of _____

14. A member of a community who is loyal to and is protected by the government

15. immigrants must be able to read, _____, and speak English before becoming a citizen

16. Respecting and accepting others regardless of their differences



Central Region Board 2023–2024



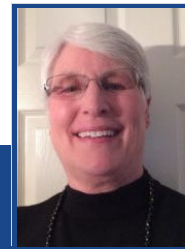
Peggy Richmond
President
Grundy County



Mary Alice Weber
President Advisor
Williamson County



Louis Armstrong
VP for Programs
Bedford County



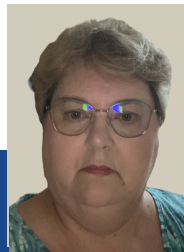
Pam Sites
VP Public Policy
Rutherford County



Wendy Drumm
Secretary
Smith County



Patty Priest
Treasurer
Franklin County



Myra Fisher
Cultural Arts
Smith County



Barbara Brackett
Fashion Review
Franklin County



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Leadership Retreat
Wilson County



Jennifer Thompson
Membership Chairperson
Grundy County



Venus Hoover
Communications
Chairperson
Williamson County



Regina McCathern
2025 Conference
Coordinator
Wilson County



Shelly Barnes
UT Agent Advisor
Wilson County



Jennifer Banks
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Mary Draper
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Mary Beth Henley
UT Agent Advisor
Franklin County



Carla Bush
UT Central Region
Program Leader



Brenda Hannah
UT Agent Advisor
Moore County



This newsletter is for YOU! Please submit information for county recognition, ideas for spotlight, pictures, etc. Please send info to tafcecr@gmail.com with "fce newsletter" in the subject area.